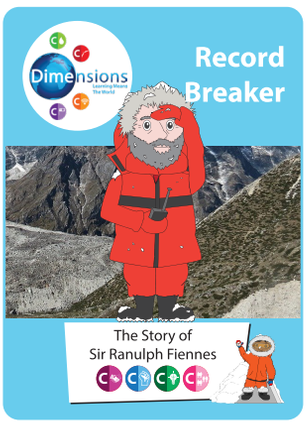
Key Stage 1 - Record Breaker



Overview

"Record Breaker" is a competency-based thematic unit with a history focus, telling the inspirational story of Sir Ranulph Fiennes. He is famous for his dare devil achievements and record-breaking expeditions, some of which he used to raise large sums of money for many charities.
Pupils will learn, through his life story, all about his achievements and what he hopes to accomplish in the future.

Where?

Where did / does Sir Ranulph Fiennes live?

- Sir Ranulph was born in 1944 in a town called Windsor in England.
- Sadly, because his father died just before Sir Ranulph was born, he and his mother moved to South Africa where his grandmother lived.
- Sir Ranulph then returned to England at the age of 13 in order to attend school and college in England.
- Today, Sir Ranulph still lives in England but travels to many other countries, exploring the globe!

Who?

Who is Sir Ranulph Fiennes?

- According to The Guinness Book of World Records (1984), Sir Ranulph is 'The World's Greatest Living Explorer', travelling far and wide to complete expeditions, not only for his own goals, but also to raise money for charity. He has been an inspiration to many for his bravery, stamina, perseverance and endurance. Even Queen Elizabeth II recognised his achievements and work for charity by awarding him the Order of the British Empire in 1993, giving him the title of 'Sir' Ranulph Fiennes.

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What?

What were some of Sir Ranulph's greatest expeditions?

- In 1968, he led the first hovercraft expedition up the longest river in the world (the Nile).
- From 1979 to 1982, Sir Ranulph completed The Transglobe Expedition which meant he was the first to reach both Poles, crossing the Antarctic and Arctic Ocean unsupported and being the first and only person to circumnavigate the globe along its polar axis.
- In 2005, he climbed Mount Everest, raising £2 million for the British Heart Foundation charity.
- In 2007, Sir Ranulph climbed the North Face of the Eiger, raising £1.8 million for Marie Curie Cancer Care charity.

Knowledge and Understanding

- To know and be able to retell the life story of Sir Ranulph Fiennes
- To know what Sir Ranulph Fiennes was famous for
- To understand what makes Sir Ranulph Fiennes an inspirational historical figure
- To understand the importance of community, courage and commitment

Vocabulary

Brave: To show courage

Challenging: Something that tests a person's abilities

Circumnavigate: To sail or travel all the way around the world

Commitment: Being dedicated to a cause or activity

Elite: A group of people that is superior to others in terms of ability or skill

Expedition: A journey taken by a group of people with a particular purpose, such as exploring a new place

Explorer: A person who finds and investigates a new or unfamiliar area

Frostbite: An injury caused by exposure to extreme cold temperatures, typically affecting the nose, fingers or toes

Hovercraft: A vehicle that travels over land or water on a cushion of air provided by a downward blast

Knighted: To be given a special title like 'Sir' or 'Dame', usually for hard work or achievement

Risky: The possibility of danger

The Eiger: A huge mountain in Switzerland

Transglobe: To move across or around the world

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